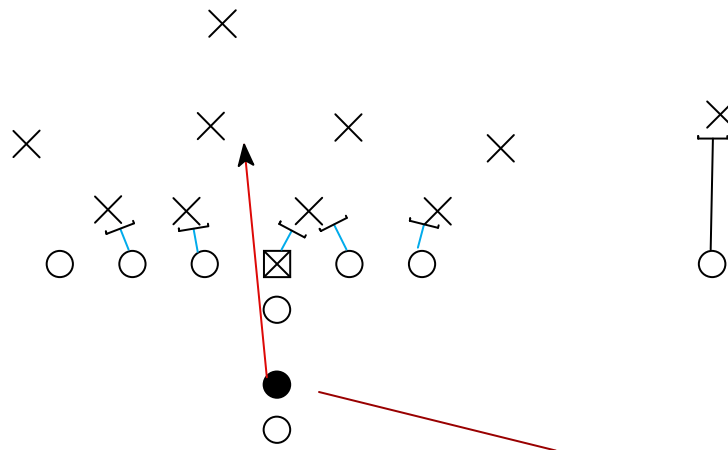


# Episode 03 - Basic Running Game

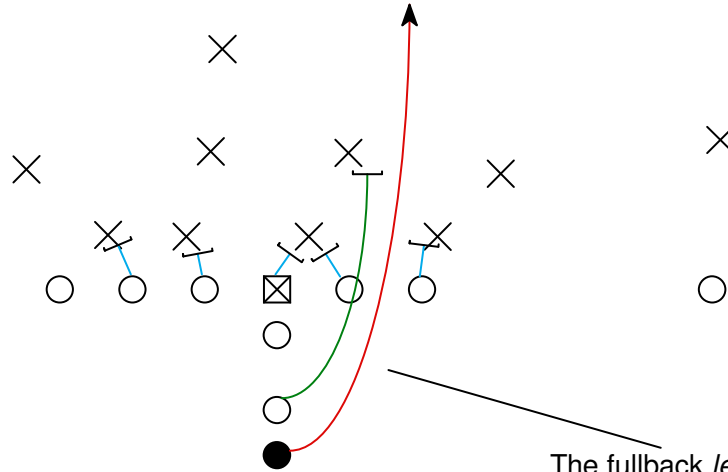
## 31 Dive Play



Shaded circles=Ball carrier

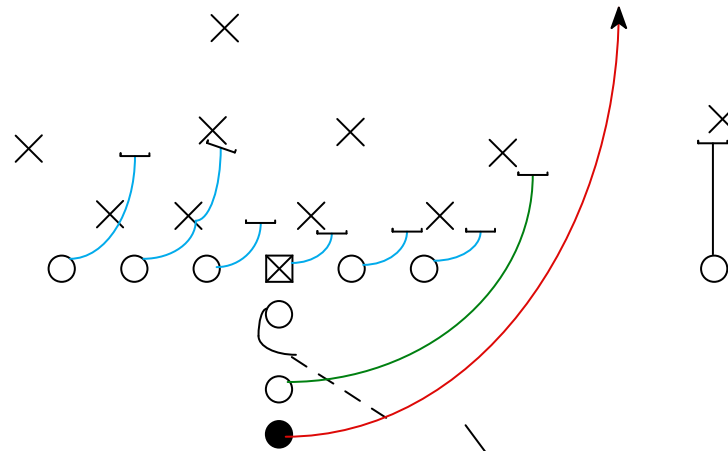
Fullback takes quick handoff, gets what he can get through the left side Center-Guard gap

## 44 Lead/Iso Play



The fullback *leads* into the hole and is *isolated* on the linebacker. The tailback takes the hand-off and follows.

## 48 Toss Play



----- = Toss of football to running back

The QB *tosses* the ball to the tailback. In this example, no linemen pull, but the fullback leads the tailback outside and blocks for him.