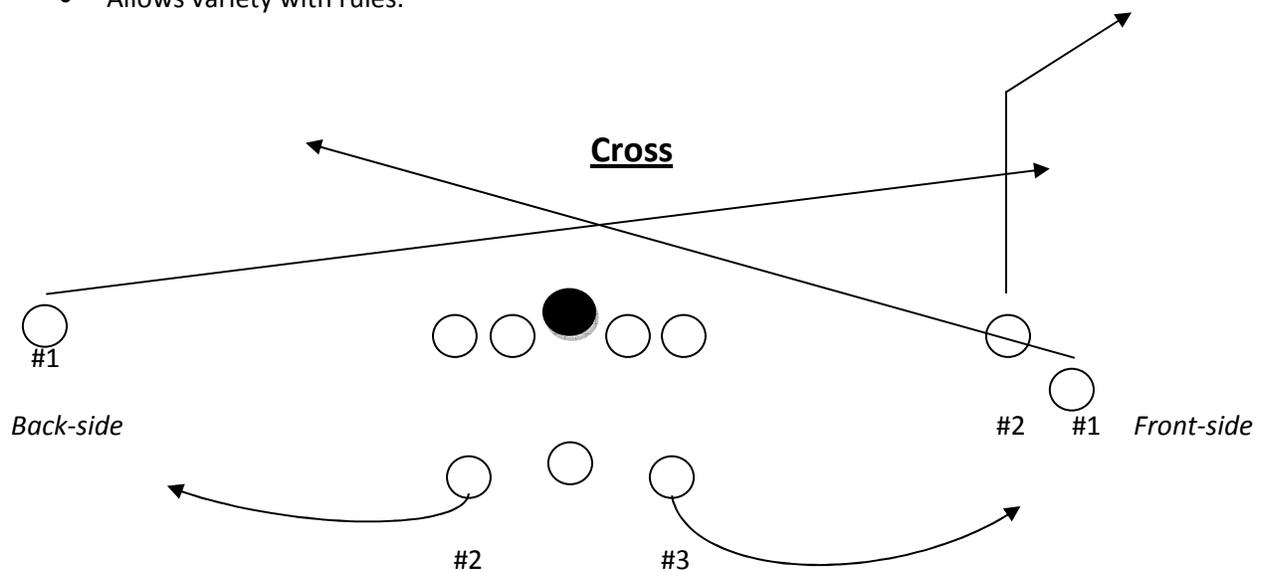


Shannon Jarvis; Mill Creek High School, GA

Concept Routes: Cross, Mesh, Shallow, Drive

Why concept routes?

- Good against any coverage (takes the pressure of the OC for play calling).
- Make the reads for the QB more consistent.
 - You want to be able to utilize a lot of formations while minimizing the decisions made.
 - Allows the QB to know what position is doing what, not who is doing what.
- Allows variety with rules.



Back-side Rules:

1. Crossing Route: Release through the heels of DE to a spot 5 yards deep, over a ghost TE on the playside. Read if the coverage is Zone or Man.
 - a. Zone – Settle and give the QB your eyes (Don't look at the QB till you are over the ghost TE).
 - b. Man – Give the QB eyes early (over A-gap) and keep moving.
 - c. Always think man and react to zone.

Teaching Tip: Give the crossers a spot, don't let them guesstimate where they are going. The front-side cross is on top of the mesh.

Front-side Rules:

1. Crossing Route (See above)
2. Flag route, breaking out at 10 yards

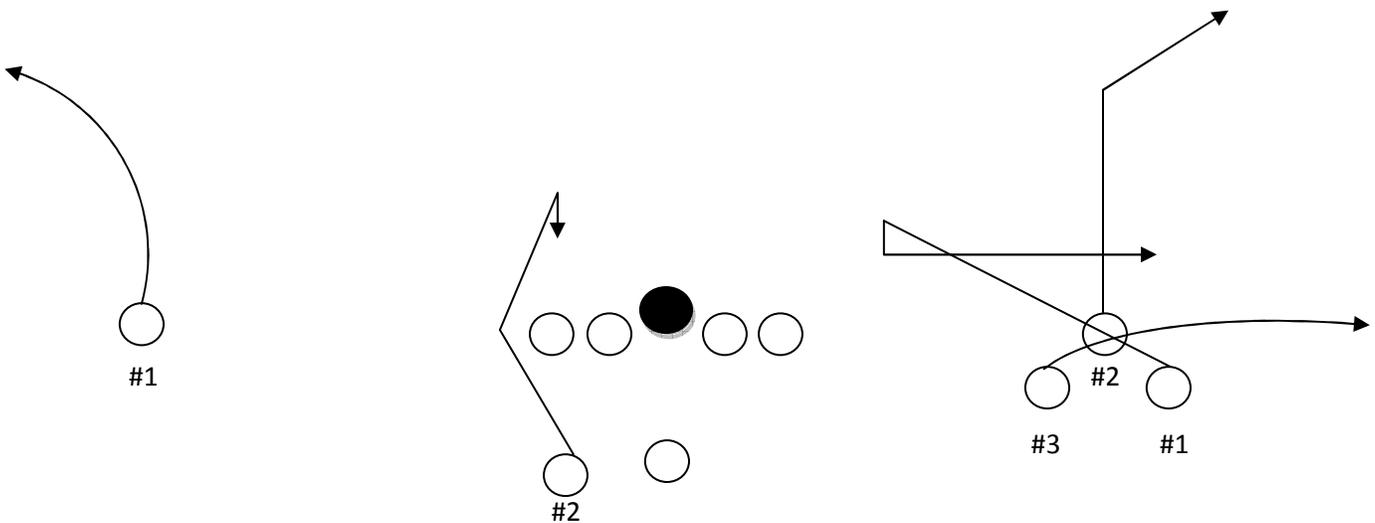
3. Flat Route trying to stretch the field to a point at the numbers. This route can be a flare or an arrow, just need width now!

QB Reads:

1. Read off flat defender drops, work from flare, to cross, to flag.
2. Flat defender widens go to cross now.

Teaching Tip: Ball has to be gone by the time the drops have been completed.

Mesh



Front-side Rules:

1. Mesh-release inside to five yards over ghost TE. If you get zone sit and give eyes to QB. IF man give a hard wall and work away.
2. Flag route (as described above).
3. Flat route (as described above).

Back-side Rules:

1. Any route called by Q. The bench routes is the base route.
2. Check down route-if #2 even goes out into route.

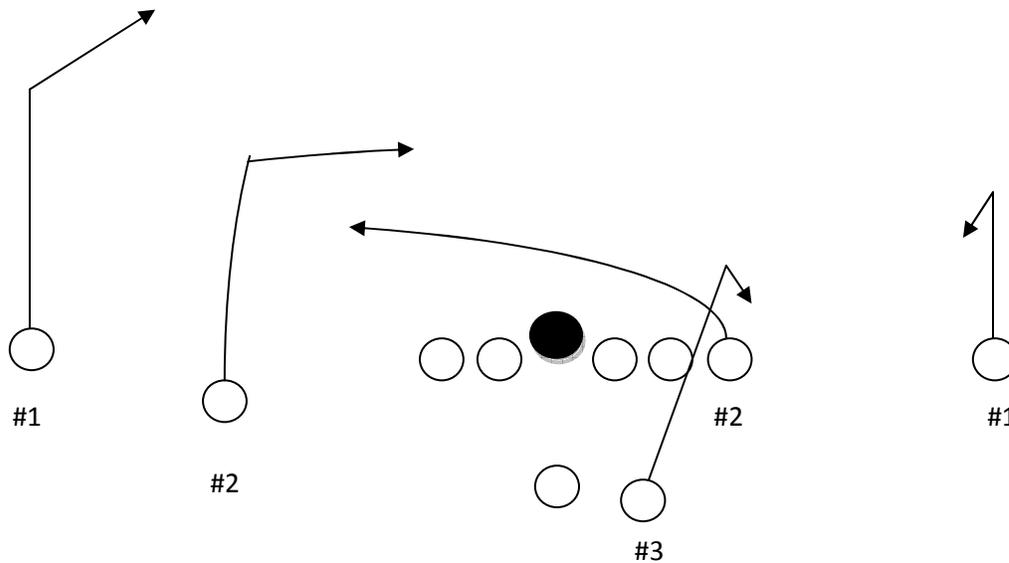
QB Reads:

1. Flat }
 }
 }

2. Mesh Triangle Read
3. Flag

Additional Notes: Great play as a play-action tag. Made the note to stop using “hot reads,” because it seemed to make the QB’s panic with the word “hot read.”

Y-Shallow



Front-side Rules:

1. Hitch
2. Shallow Cross - 5 yards over ghost TE. No coverage read, flush the LB's (force them to work to you by crossing under them = LB is @ 2 yards, you cross at 1 ½)
3. Check Down

Back-side Rules:

1. Post
2. Dig

QB Reads:

1. Shallow (Will gets depth, ball goes now).
2. Dig (Will and Mike flushed, now to Dig).
3. Check Down (If Mike rolls to close the window).